

# 2015 Arnold Gymnastics Challenge

## Women's Schedule- GYM A

Notes: \*\* denotes 2 coaches required for session, \*\*\* denotes 3 coaches required for session.

The Arnold Gymnastics Challenge reserves the right to begin sessions up to 10 minutes early and to make changes to this schedule.

Affected clubs will be notified individually if a change is made. The posted schedule will not be updated.

FRIDAY, March 6, 2015

### SESSION A01- LEVEL 4-

PARTICIPATING TEAMS: BUCKEYE\*\*\*, ELITE MIND, EXCEL, GYM WORLD\*\*, HOCKING VALLEY, INTERNATIONAL- AKRON, POWERHOUSE

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:30AM**

**MARCH-IN: 8:45AM**

### SESSION A02- LEVEL 9-

PARTICIPATING TEAMS: AMP, ANDERSON, EXCEL, FLIPSTARZ WV, GYM DANDYS, MADISON, MICHIGAN ACADEMY, PITTSBURGH\*\*, WESTSIDE

**GENERAL STRETCH: 12:30PM**

**1ST FLIGHT WARM-UP: 12:50PM**

**MARCH-IN: 1:10PM**

### SESSION A03- LEVEL 7 -

PARTICIPATING TEAMS: BOZHI'S, BUCKEYE\*\*, CAPITOL CITY, DAYTON, FLYTZ, INTERACTIVE, KATHI'S, KENTUCKY, MID OHIO, PINNACLE, PITTSBURGH\*\*

**GENERAL STRETCH: 5:15PM**

**1ST FLIGHT WARM-UP: 5:45PM**

**MARCH-IN: 6:00PM**

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### SATURDAY, March 7, 2015

#### SESSION A04- LEVEL 8-

PARTICIPATING TEAMS: DAYTON, EXCEL, FLIPSTARZ WV, FLYTZ, GEM CITY, INTERNATIONAL- AKRON, KATHI'S, MID OHIO, OLYMPIC ACADEMY, OLYMPIC DREAMS, PITTSBURGH\*\*

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:30AM**

**MARCH-IN: 8:50AM**

OPENING CEREMONIES- **12:00PM.** LOCATED IN GYM C. FANTASTIC ENTERTAINMENT YOU WON'T WANT TO MISS. WE ENCOURAGE EVERYONE TO ATTEND THIS GREAT EVENT!

MEN'S NCAA CHALLENGE - **2:15PM**  
LOCATED IN GYM C. SPECTATORS WELCOME! THE OHIO STATE UNIVERSITY TAKES ON TOP TEAMS FROM AROUND THE WORLD..... JOINING US IS THE UKRAINE AND CANADA!

#### SESSION A05- LEVEL 8-

PARTICIPATING TEAMS: AGILITY, ALL STARZ, AMERICAN EAGLES, AMP, ANDERSON, BOZHI'S, CHAMPION, FIVE STAR, FLIPSPOT, GYM DANDYS, KENTUCKY, LAKESHORE, LIVONIA, MADISON, MID-AMERICA, MTN. MAGIC, POWERHOUSE, SOGA, WESTSIDE

**GENERAL STRETCH: 2:00PM**

**1ST FLIGHT WARM-UP: 2:30PM**

**MARCH-IN: 2:50PM**

#### SESSION A06- LEVEL 2/XCEL BRONZE-

PARTICIPATING TEAMS: LEVEL 2: AMP, ELITE MIND, EXCEL, GYMFINITI, MID-AMERICA, MTN. MAGIC, PINNACLE, YOUNGSTOWN, ZANESVILLE\*\*. XCEL BRONZE: INTERACTIVE, JANA'S, OLYMPIC DREAMS, RISING STAR

**GENERAL STRETCH: 5:45PM**

**1ST FLIGHT WARM-UP: 6:15PM**

**MARCH-IN: 6:30PM**

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SUNDAY, March 8, 2015

### SESSION A07- LEVEL 6-

PARTICIPATING TEAMS: AGILITY, AMERICAN EAGLES, BARRON, BOZHI'S, CAPITOL CITY, FLIPSPOT, GYM DANDYS, GYMFINITI, KENTUCKY, KOKOMO, MICHIGAN ACADEMY, PINNACLE, SOGA, TNT GYMNASTICS

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:20AM**

**MARCH-IN: 8:40AM**

### SESSION A08- XCEL SILVER-

PARTICIPATING TEAMS: CYCLONE, GLOBAL, INFINITY, INTERACTIVE, INTERNATIONAL- AKRON, JANA'S, LAKESHORE, LIVONIA, MEDINA, MID-AMERICA, OLYMPIC DREAMS, PINNACLE, RISING STAR, YOUNGSTOWN

**GENERAL STRETCH: 12:00PM**

**1ST FLIGHT WARM-UP: 12:20PM**

**MARCH-IN: 12:35PM**

### SESSION A09- XCEL GOLD-

PARTICIPATING TEAMS: DAYTON, GEM CITY, LICKING COUNTY, LIVONIA, MID-AMERICA, OLYMPIC DREAMS\*\*, PINNACLE\*\*, RISING STAR, TRINITY, YOUNGSTOWN

**GENERAL STRETCH: 3:30PM**

**1ST FLIGHT WARM-UP: 3:50PM**

**MARCH-IN: 4:00PM**

# 2015 Arnold Gymnastics Challenge

## Women's Schedule- GYM B

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FRIDAY, March 6, 2015

### SESSION B01- LEVEL 4-

PARTICIPATING TEAMS: AGILITY, ALL STARZ, CYCLONE, FLIPSTARZ WV, LICKING COUNTY, MICHIGAN ACADEMY\*\*, OLYMPIC ACADEMY, PINNACLE, YOUNGSTOWN, ZANESVILLE

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:30AM**

**MARCH-IN: 8:45AM**

### SESSION B02- LEVEL 9-

PARTICIPATING TEAMS: ALL STARZ, BARRON, BOZHI'S, CAPITOL CITY, CYCLONE, GEM CITY, GRAND RAPIDS, INTERACTIVE, KENTUCKY, MTN. MAGIC, OLYMPIC DREAMS, PINNACLE, POWERHOUSE, RISING STAR, TNT GYMNASTICS, VICTORY, XQUISITE, YOUNGSTOWN, ZANESVILLE

**GENERAL STRETCH: 1:00PM**

**1ST FLIGHT WARM-UP: 1:30PM**

**MARCH-IN: 1:45PM**

### SESSION B03- LEVEL 7-

PARTICIPATING TEAMS: AGILITY, AMERICAN EAGLES, AMP, CYCLONE, EXCEL, FIVE STAR, FLIPSPOT, FLIPTASTIC, G-FORCE, GRAND RAPIDS, INFINITY, LICKING COUNTY, MID-AMERICA, MTN. MAGIC, OLYMPIC DREAMS, POWERHOUSE, SOGA, VICTORY

**GENERAL STRETCH: 5:15PM**

**1ST FLIGHT WARM-UP: 5:45PM**

**MARCH-IN: 6:00PM**

# 2015 Arnold Gymnastics Challenge

## Women's Schedule- GYM B

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SATURDAY, March 7, 2015

SESSION B04- LEVEL 8- PARTICIPATING TEAMS: BARRON, GRAND RAPIDS, INFINITY, MICHIGAN ACADEMY, PINNACLE\*\*, TNT GYMNASTICS, XQUISITE\*\*, YOUNGSTOWN, ZANESVILLE

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:30AM**

**MARCH-IN: 8:50AM**

OPENING CEREMONIES- **12:00PM.** LOCATED IN GYM C. FANTASTIC ENTERTAINMENT YOU WON'T WANT TO MISS. WE ENCOURAGE EVERYONE TO ATTEND THIS GREAT EVENT!

MEN'S NCAA CHALLENGE - **2:15PM**  
LOCATED IN GYM C. SPECTATORS WELCOME! THE OHIO STATE UNIVERSITY TAKES ON TOP TEAMS FROM AROUND THE WORLD..... JOINING US IS THE UKRAINE AND CANADA!

SESSION B05- XCEL PLATINUM/DIAMOND- PARTICIPATING TEAMS: XCEL PLATINUM: AERIAL EXPRESS, CYCLONE, DAYTON ACADEMY, GEM CITY, GLOBAL, INFINITY, INTERACTIVE, KATHI'S, LICKING COUNTY, MEDINA, PINNACLE, TWIGS. XCEL DIAMOND: DAYTON, GEM CITY, OLYMPIC DREAMS, PINNACLE, PITTSBURGH, TRINITY

**GENERAL STRETCH: 2:00PM**

**1ST FLIGHT WARM-UP: 2:30PM**

**MARCH-IN: 2:45PM**

SESSION B06- LEVELS 10 - PARTICIPATING TEAMS: ANDERSON, BARRON, CAPITOL CITY, GEM CITY, GYM DANDYS, INTERNATIONAL- AKRON, MADISON, MEDINA, MICHIGAN, MID OHIO, OLYMPIC DREAMS, PINNACLE, PITTSBURGH, RISING STAR, SOGA, UNIVERSAL- MIAMI, XQUISITE, YOUNGSTOWN

**GENERAL STRETCH: 5:45PM**

**1ST FLIGHT WARM-UP: 6:15PM**

**MARCH-IN: 6:35PM**

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## Women's Schedule- GYM B

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SUNDAY, March 8, 2015

### SESSION B07- LEVEL 4-

PARTICIPATING TEAMS: APEX, GEM CITY, G-FORCE, GLOBAL, GRAND RAPIDS, INFINITY\*\*, MADISON, MEDINA, MTN. MAGIC, TRINITY

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:20AM**

**MARCH-IN: 8:35AM**

### SESSION B08- LEVEL 3-

PARTICIPATING TEAMS: ALL STARZ, BUCKEYE\*\*, INFINITY\*\*, PINNACLE\*\*, YOUNGSTOWN

**GENERAL STRETCH: 12:15PM**

**1ST FLIGHT WARM-UP: 12:35PM**

**MARCH-IN: 12:50PM**

### SESSION B09- FINALS-

**GENERAL STRETCH: 3:30PM**

**MARCH-IN: 4:20PM**

**COMPETITION: 4:35PM**

# 2015 Arnold Gymnastics Challenge

## Women's Schedule- GYM D

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FRIDAY, March 6, 2015

### SESSION D01- LEVEL 6-

PARTICIPATING TEAMS: APEX, DAYTON, FLIPTASTIC, G-FORCE, GLOBAL, INFINITY, LAKESHORE, LIVONIA, MEDINA, MTN. MAGIC, OLYMPIC DREAMS, TRINITY

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:30AM**

**MARCH-IN: 8:45AM**

### SESSION D02- LEVEL 3-

PARTICIPATING TEAMS: AMERICAN EAGLES, CYCLONE, ELITE MIND, EXCEL, G-FORCE, GLOBAL, LICKING COUNTY, MICHIGAN\*\*, ZANESVILLE\*\*

**GENERAL STRETCH: 12:30PM**

**1ST FLIGHT WARM-UP: 12:50PM**

**MARCH-IN: 1:05PM**

### SESSION D03- LEVEL 7-

PARTICIPATING TEAMS: ALL STARZ, ANDERSON, BARRON, GYM DANDYS, LIVONIA, MADISON, MEDINA, MICHIGAN, UNIVERSAL- MIAMI, WESTSIDE, YOUNGSTOWN

**GENERAL STRETCH: 5:30PM**

**1ST FLIGHT WARM-UP: 6:00PM**

**MARCH-IN: 6:15PM**

# 2015 Arnold Gymnastics Challenge

## Women's Schedule- GYM D

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SATURDAY, March 7, 2015

### SESSION D04- LEVELS 3/4-

PARTICIPATING TEAMS: LEVEL 3: AMP, DAYTON, GYMFINITI, LIVONIA, MID-AMERICA, MTN. MAGIC, OHIO VALLEY, OLYMPIC DREAMS. LEVEL 4: AMERICAN EAGLES, AMP, BOZHI'S, CHAMPION, GYMFINITI, LAKESHORE, LIVONIA, MID-AMERICA

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:20AM**

**MARCH-IN: 8:35AM**

OPENING CEREMONIES- **12:00PM.** LOCATED IN GYM C. FANTASTIC ENTERTAINMENT YOU WON'T WANT TO MISS. WE ENCOURAGE EVERYONE TO ATTEND THIS GREAT EVENT!

MEN'S NCAA CHALLENGE - **2:15PM**  
LOCATED IN GYM C. SPECTATORS WELCOME! THE OHIO STATE UNIVERSITY TAKES ON TOP TEAMS FROM AROUND THE WORLD..... JOINING US IS THE UKRAINE AND CANADA!

### SESSION D06- LEVEL 3-

PARTICIPATING TEAMS: BUCKEYE, CHAMPION, GEM CITY, GYM WORLD, HOCKING VALLEY, INTERNATIONAL- AKRON, OLYMPIC ACADEMY, POWERHOUSE

**GENERAL STRETCH: 4:30PM**

**1ST FLIGHT WARM-UP: 4:50PM**

**MARCH-IN: 5:10PM**



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SUNDAY, March 8, 2015

### SESSION D07- LEVEL 6-

PARTICIPATING TEAMS: ALL STARZ, AMP, ANDERSON, BUCKEYE, CHAMPION, CYCLONE, FIVE STAR, FLIPSTARZ, INTERACTIVE, INTERNATIONAL- AKRON, LICKING COUNTY, OLYMPIC ACADEMY, PITTSBURGH, YOUNGSTOWN, ZANESVILLE

**GENERAL STRETCH: 8:00AM**

**1ST FLIGHT WARM-UP: 8:20AM**

**MARCH-IN: 8:35AM**

### SESSION D08- LEVEL 5-

PARTICIPATING TEAMS: AMP, BUCKEYE ACTIVITY, CYCLONE, ELITE MIND, EXCEL, FLIPSPOT, GEM CITY, GRAND RAPIDS, GYM WORLD, GYMFINITI, HOCKING VALLEY, INTERNATIONAL- AKRON, LICKING COUNTY, MADISON, MEDINA, MICHIGAN, OLYMPIC ACADEMY, POWERHOUSE, TNT GYMNASTICS, ZANESVILLE

**GENERAL STRETCH: 12:00PM**

**1ST FLIGHT WARM-UP: 12:20PM**

**MARCH-IN: 12:35PM**

### SESSION D09- XCEL GOLD-

PARTICIPATING TEAMS: AERIAL EXPRESS, ALL STARZ, CHAMPION, CYCLONE, EXCEL, GLOBAL, INFINITY, INTERACTIVE, JANA'S, KATHI'S, KOKOMO, LAKESHORE, MEDINA

**GENERAL STRETCH: 3:45PM**

**1ST FLIGHT WARM-UP: 4:10PM**

**MARCH-IN: 4:20PM**

# 2015 Arnold Gymnastics Challenge

## Women's INDIVIDUAL EVENT FINALS

*General Stretch: 3:30 p.m.*

*March-In: 4:20 p.m.*

*Competition: 4:35 p.m.*

Individual event finals will include the top gymnasts from levels 7-10 regardless of age. Event finalists will be selected as follows:

- \* Level 7: The top 3 gymnasts per event, per session
- \* Level 8: The top 3 gymnasts per event, per session
- \* Level 9: The top 4 gymnasts per event, per session
- \* Level 10: The top 8 gymnasts per event.

Note:

*In the case of a tie during preliminary competition, the all-around score will determine the qualifying athlete.*

*Starting events for each level are as follows:*

**Vault: Level 10**

**Bars: Level 9**

**Beam: Level 8**

**Floor: Level 7**

*Awards & Recognition:*

*The top 3 gymnasts per level, per event will receive plaques. Awards will be preceded by Scholarship presentation.*

**ATTENTION COACHES:** *Please assure you have enough coaches, multiple levels will be competing and warming up at the same time. Additionally, please let us know if your qualifying athlete(s) will NOT be attending so we may offer the spot to the next qualifying athlete.*

*Thank you!*

# 2015 Arnold Gymnastics Challenge

## Women's Age Determinations

Xcel (all levels)	3/27/15
Level 2	4/10/15
Level 3	4/10/15
Level 4	4/10/15
Level 5	4/10/15
Level 6	3/27/15
Level 7	3/27/15
Level 8	4/24/15
Level 9	5/8/15
Level 10	5/15/15